

January

Eggs can be shades of green, blue, tan, and dark brown. Hens with white feathers tend to lay white eggs, while hens with red feathers tend to lay brown eggs. The colored eggs usually come from a variety of different breeds of chickens.



FRANKSTON ISD

12/4/2018

Menus are subject to change

Every Breakfast needs a 1/2c Fruit and/or 1/2c Juice

Student Accounts may be pre-paid at the school or online

Choice of Milk Served Daily

Monday

Tuesday

Wednesday

Thursday

Friday



Joke of the Month

Q: What did the mama cow say to the baby cow when he wanted to stay up late?

9

Muffin or
Cereal & Toast
Craisins
Juice
Milk

10

French Toast Sticks or
Cereal & Toast
Banana
Juice
Milk

11

Sausage Roll or
Cereal & Toast
Fresh Pears
Juice
Milk

14

Cinnamon Roll or
Cereal & Toast
Craisins
Juice
Milk

15

Breakfast Burrito or
Cereal & Toast
Green Apples
Juice
Milk

16

Mini Waffles or
Cereal & Toast
Fresh Pears
Juice
Milk

17

Donuts or
Cereal & Toast
Oranges
Juice
Milk

18

Egg & Sausage Biscuit or
Cereal & Toast
Bananas
Juice
Milk

21



22

Breakfast Pizza or
Cereal & Toast
Raisels
Juice
Milk

23

Muffin or
Cereal & Toast
Oranges
Juice
Milk

24

French Toast Sticks or
Cereal & Toast
Bananas
Juice
Milk

25

Sausage Roll or
Cereal & Toast
Fresh Pears
Juice
Milk

28

Cinnamon Roll or
Cereal & Toast
Craisins
Juice
Milk

29

Breakfast Burrito or
Cereal & Toast
Green Apples
Juice
Milk

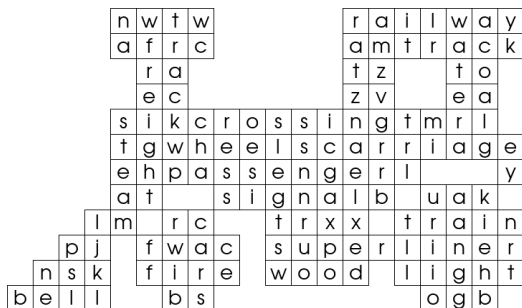
30

Mini Waffles or
Cereal & Toast
Fresh Pears
Juice
Milk

31

Mini Waffles or
Cereal & Toast
Fresh Pears
Juice
Milk

Middle School and High School students do not have the option of Cereal & Toast



How many words can you find?



Answer:
It's pasture
Bedtime!!

January

LUNCH MENU

FRANKSTON ISD

Pre-K Menu

4-Dec

Menus are subject to change

Student Accounts may be pre-paid at the school or online

Monday

Tuesday

Wednesday

Thursday

Friday



Happy New Year!



Did you Know?

One dairy cow produces an average of 6.5 gallons of milk every day. That means a single cow can produce 350,000 glasses of milk over her lifetime!

9
Hamburger
Sweet Potato Fries
Celery Sticks
Sliced Peaches &
Diced Pears
Milk

10
Grill Cheese
Creamed Spinach
Seasoned Cut Corn
Raisels &
Applesauce
Milk

11
Cheese Pizza
Steamed Carrots
Navy Beans
Tropical Fruit &
Fresh Pears
Milk

14
Steak Fingers
w/Dinner Rolls
Garden Salad
Baby Bakers
Mixed Fruit & Grapes
Milk

15
Cheesy Enchiladas
Cherry Tomatoes
Refried Beans
Diced Peaches &
Sliced Pears
Milk

16
Hamburger
Tator Tots
Baby Carrots
Red Apples & Honeydew
Milk

17
Chicken Nuggets
w/Orange Sauce
Asian Brown Rice
Oriental Veggies
Lima Beans
Bananas & Grapefruit
Milk

18
Cheese Pizza
Crunchy Broccoli Salad
Italian Veggies
Bananas &
Tidbits
Milk



Martin Luther King Jr. Day

21
22
Mini Tacos
w/Salsa
Seasoned Cut Corn
Celery Sticks
Craisins &
Fresh Pears
Milk

23
Hamburger
Sweet Potato Tots
Broccoli Bites
Cantaloupe &
Green Apples
Milk

24
Spaghetti w/Meat Sauce
w/Breadstick
Black-eyed Peas
Zucchini Squash
Mandarin Oranges &
Grapes
Milk

25
Pepperoni Pizza
Navy Beans
Cauliflower w/Cheese
Strawberries &
Fresh Pears
Milk

28
Chicken Nuggets
Mixed Veggies
Yellow Squash
Macaroni & Cheese
Diced Peaches &
Honeydew
Milk

29
Nachos w/Meat
Pinto Beans
Roasted Peppers
Diced Pears &
Pineapple Chunks
Milk

30
Hamburger
French Fries
Carrot Stix
Craisins & Mixed Fruit
Milk

31
Chicken Alfredo
Broccoli & Cheese
Butternut Squash
Dinner Rolls
Green Apples & Oranges
Milk

