

March



Celery is available year round. The stalk can be cut into celery sticks and the leaves are sometimes used as a seasoning.

FRANKSTON ISD

2/19/2019

Menus are subject to change

Every Breakfast needs 1/2cup Fruit and/or 1/2cup Juice

Student Accounts may be pre-paid at the school or online

Choice of Milk Served Daily

Monday

Tuesday

Wednesday

Thursday

Friday

Joke of the Month

Q: What vegetable might you find in your basement?

Middle School and High School students do not have the option of Cereal & Toast



1

Egg, Biscuit & Sausage or Cereal & Toast
Bananas
Juice
Milk

National School Breakfast Week

4

Eye Opening Cinnamon Rolls or Cereal & Toast
Fresh Pears
Juice
Milk



Egg & Cheese Burrito or Cereal & Toast
Green Apples
Juice
Milk

Blueberry Pancakes or Cereal & Toast
Raisels
Juice
Milk



Yum Yum Donuts or Cereal & Toast
Oranges
Juice
Milk

8

Eggs, Bacon & Biscuit or Cereal & Toast
Bananas
Juice
Milk



11



Spring Break Season Has Begun!

15



18

Pancake on a Stick or Cereal & Toast
Craisins
Juice
Milk

19

Breakfast Pizza or Cereal & Toast
Red Apples
Juice
Milk

20

Muffins or Cereal & Toast
Oranges
Juice
Milk

21

French Toast or Cereal & Toast
Fresh Pears
Juice
Milk

22

Sausage Roll or Cereal & Toast
Bananas
Juice
Milk

25

Cinnamon Rolls or Cereal & Toast
Fresh Pears
Juice
Milk

26

Breakfast Burrito or Cereal & Toast
Green Apples
Juice
Milk

27

Pancakes or Cereal & Toast
Raisels
Juice
Milk

28

Donuts or Cereal & Toast
Oranges
Juice
Milk

29

Egg, Bacon & Biscuit or Cereal & Toast
Bananas
Juice
Milk



In the south, black-eyed peas are cooked and eaten for New Year's Day because they are thought to bring prosperity and good luck.



Answer:

Cellar - y

March

LUNCH MENU

FRANKSTON ISD

20-Feb

Menus are subject to change

Every Lunch needs at least 1/2cup Fruit and/or 1/2cup Vegetable

Student Accounts may be pre-paid at the school or online

Choice of Milk Served Daily

Monday

Tuesday

Wednesday

Thursday

Friday



1

Pepperoni Pizza
HS-Chicken Ranch Pizza or
 Cheese Sticks w/Marinara
 Cabbage
 Seasoned Green Peas
 Frozen Fruit Juice &
 Grapefruit
 Milk

4

Chicken Rings
 W/Dinner Roll or
 Steak on Bun
 Mashed Potatoes
 Green Beans
 Dried Cranberries &
 Cantaloupe
 Milk

5

Crispitos w/Pinto Beans or
 Tamales w/Pinto Beans
 w/Salsa
 Cucumbers
 Fresh Salad
HS-Spanish Rice
 Applesauce & Strawberries
 Milk

6

Hamburger or
 Hot Dog/**MS**-Goldfish
HS-Corn Dog
 Sweet Potato Fries
 Baked Beans
 HB Trimmings
 Grapes & Tropical Fruit
 Milk

7

Grilled Cheese or
 Salisbury Steak w/Rice
 Creamed Spinach
 Sweet Cut Corn
 Sliced Pears &
 Diced Peaches
 Milk

8

Cheese Pizza
HS-Buffalo Chicken Pizza or
 Calzone
 Steamed Carrots
 Navy Beans
 Frozen Fruit Juice &
 Bananas
 Milk

11 **12** **13** **14** **15**

18

Steak Fingers or
 Chicken Fajita
 Dinner Roll
 Baby Bakers
 Garden Salad
HS-Okra
 Mixed Fruit &
 Red Apples
 Milk

19

Cheesy Enchiladas or
 Taco Salad
 w/Salsa
 Cherry Tomatoes
 Refried Beans
 Cilantro Lime Rice
 Mixed Berries &
 Sliced Pears
 Milk

20

Hamburger or
 Chicken Sandwich
MS/HS-Spicy Chicken
 HB Trimmings
 Tator Tots
 Baby Carrots
 Grapes & Honeydew
 Milk

21

Orange Chicken or
 Beef Teriyaki Dippers
 Asian Brown Rice
HS-Egg Roll
 Oriental Veggies
 Lima Beans
 Bananas & Grapefruit
 Milk

22

Cheese Pizza or
 Stromboli
MS/HS-Breadstick
 w/ Stromboli
 Crunchy Broccoli Salad
 Italian Veggies
 Frozen Fruit Juice &
 Tidbits
 Milk

25

Chicken Tenders or
 Chicken Fried Steak
 Dinner Roll
 Mashed Potatoes
 Green Beans
HS-Steam Carrots
 Diced Peaches &
 Strawberries

26

Beef & Bean Burrito or
 Mini Tacos
 w/Salsa
 Seasoned Corn
 Celery Sticks
 Spanish Rice
 Dried Cranberries &
 Fresh Pears

27

Cheeseburger or
 Mini Corn Dogs
 Sweet Potato Fries
 Broccoli Bites
 HB Trimmings
 Tropical Fruit &
 Apple Delight
 Milk

28

Spaghetti w/Meat Sauce or
 Meatball Sub
 Black-eyed Peas
 Zucchini Squash
 Breadstick
 Mandarin Oranges & Grapes
 Milk

29

Pepperoni Pizza or
 Oven Parmesan Chicken
w/Garlic Toast
 Navy Beans
 Cauliflower w/Cheese
 Frozen Fruit Juice &
 Honeydew
 Milk

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